

# STANDARD HEIGHT- WEIGHT

## FOR MAJOR LIFE

Height	18-22		23-27		28-32		33-37		38-42		43-47		48-52		53-57		58 >	
146	44.1	138.0	45.4	142.0	46.6	145.0	47.5	147.0	47.9	149.0	48.2	150.0	48.4	151.0	48.6	152.0	48.8	152.0
147	44.4	138.5	45.8	142.5	47.0	145.5	48.0	147.5	48.4	149.5	48.7	150.5	48.9	152.0	49.0	153.0	49.3	153.0
148	44.7	139.0	46.2	143.0	47.4	146.0	48.4	148.0	48.8	150.0	49.1	151.0	49.3	153.0	49.5	154.0	49.7	154.0
149	45.1	139.5	46.6	143.5	47.9	146.5	48.9	149.0	49.3	151.0	49.6	152.0	49.8	154.0	50.0	155.0	50.2	155.0
150	45.5	140.0	47.0	144.0	48.3	147.0	49.4	150.0	49.8	152.0	50.1	153.0	50.3	155.0	50.5	156.0	50.7	156.0
151	45.9	140.5	47.4	144.5	48.8	147.5	49.9	150.5	50.3	153.0	50.6	154.0	50.8	155.5	51.0	156.5	51.2	156.5
152	46.2	141.0	47.8	145.0	49.2	148.0	50.4	151.0	50.8	154.0	51.1	155.0	51.3	156.0	51.5	157.0	51.7	157.0
153	46.7	141.5	48.3	145.5	49.8	148.5	51.0	152.0	51.4	155.0	51.7	156.0	51.9	157.0	52.0	158.0	52.3	158.0
154	47.1	142.0	48.7	146.0	50.3	149.0	51.5	153.0	51.9	156.0	52.2	157.0	52.4	158.0	52.6	159.0	52.8	159.0
155	47.6	142.5	49.2	146.5	50.9	149.5	52.0	154.0	52.5	156.5	52.8	157.5	53.0	159.0	53.2	160.0	53.4	160.0
156	48.0	143.0	49.7	147.0	51.4	150.0	52.6	155.0	53.0	157.0	53.3	158.0	53.5	160.0	53.7	161.0	53.9	161.0
157	48.5	144.0	50.3	148.0	52.0	151.0	53.2	156.0	53.6	158.0	53.9	159.0	54.1	161.0	54.3	162.0	54.5	162.0
158	49.0	145.0	50.8	149.0	52.5	152.0	53.7	157.0	54.1	159.0	54.4	160.0	54.7	162.0	54.9	163.0	55.1	163.0
159	49.5	145.5	51.4	149.5	53.1	153.0	54.3	157.5	54.7	160.0	55.0	161.0	55.4	162.5	55.6	163.5	55.8	163.5
160	50.0	146.0	52.0	150.0	53.7	154.0	54.9	158.0	55.3	161.0	55.7	162.0	56.0	163.0	56.3	164.0	56.5	164.0
161	50.6	146.5	52.6	150.5	54.3	154.5	55.5	158.5	56.0	161.5	56.4	162.5	56.7	164.0	57.0	165.0	57.3	165.0
162	51.3	147.0	53.1	151.3	54.9	155.0	56.1	160.0	56.6	162.0	57.0	163.0	57.4	165.0	57.7	166.0	58.0	166.0
163	51.8	147.5	53.8	152.0	55.6	155.5	56.8	160.5	57.3	163.0	57.8	164.0	58.2	166.0	58.5	167.0	58.8	167.0
164	52.4	148.0	54.4	153.0	56.2	156.0	57.5	161.0	58.1	164.0	58.5	165.0	58.9	167.0	59.2	168.0	59.5	168.0
165	53.1	148.5	55.1	153.5	56.9	156.5	58.3	162.0	58.8	165.0	59.3	166.0	59.7	167.5	60.0	168.5	60.3	168.5
166	53.7	149.0	55.7	154.0	57.6	157.0	59.0	163.0	59.5	166.0	60.0	167.0	60.4	168.0	60.8	169.0	61.1	169.0
167	54.4	149.5	56.5	154.5	58.4	158.0	59.8	163.5	60.3	167.0	60.8	168.0	61.2	169.0	61.6	170.0	62.0	170.0
168	55.1	150.0	57.2	155.0	59.1	159.0	60.6	164.0	61.1	168.0	61.6	169.0	62.0	170.0	62.4	171.0	62.8	171.0
169	55.8	151.0	58.0	155.5	59.9	160.0	61.4	165.0	62.0	168.5	62.5	169.5	62.9	170.5	63.3	171.5	63.7	171.5
170	56.5	152.0	58.7	156.0	60.6	161.0	62.2	166.0	62.8	169.0	63.3	170.0	63.7	171.0	64.4	172.0	64.5	172.0

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## FOR MAJOR LIFE

Height	18-22		23-27		28-32		33-37		38-42		43-47		48-52		53-57		58 >	
171	57.3	152.5	59.5	157.0	61.2	161.5	63.1	166.5	63.7	170.0	64.2	171.0	64.6	172.0	65.0	173.0	65.4	173.0
172	58.0	153.0	60.2	158.0	62.1	162.0	63.9	167.0	64.5	171.0	65.0	172.0	65.5	173.0	65.9	174.0	66.3	174.0
173	58.8	153.5	61.0	159.0	62.9	163.0	64.8	168.0	65.4	171.5	65.9	173.0	66.4	174.0	66.8	175.0	67.2	175.0
174	59.5	154.0	61.7	160.0	63.7	164.0	65.6	169.0	66.2	178.0	66.7	174.0	67.3	175.0	67.7	176.0	68.1	176.0
175	60.3	155.0	62.5	160.5	64.5	164.5	66.5	170.0	67.4	172.5	67.6	174.5	68.2	175.5	68.6	176.5	69.1	176.5
176	61.0	156.0	63.3	161.0	65.3	165.0	67.3	171.0	67.9	173.0	68.4	175.0	69.1	176.0	69.5	177.0	70.0	177.0
177	61.8	156.5	64.1	161.5	66.2	165.5	68.2	171.5	68.3	173.5	69.3	175.5	70.0	176.5	70.4	177.5	71.0	177.5
178	62.5	157.0	64.9	162.0	67.0	166.0	69.0	172.0	69.6	174.0	70.2	176.0	70.9	177.0	71.3	178.0	71.9	178.0
179	63.3	157.5	65.7	162.5	67.9	166.5	69.9	172.5	70.3	174.5	71.1	176.5	71.6	178.0	72.5	179.0	72.9	179.0
180	64.1	158.0	66.5	163.0	68.7	167.0	70.7	173.0	71.8	175.0	72.0	177.0	72.1	179.0	73.2	180.0	73.8	180.0